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**May 2016 LMD NL news will be due April 15th.** E-Mail any information to me at [lmd.newslettereditor@gmail.com](mailto:lmd.newslettereditor@gmail.com).

**Ministry with Our Elders (Senior Adults):** For Clergy, Parish Nurses, Secretaries of Congregations, Pastoral Care Visitors, and Other Caregivers.

Luther Crest (800 Hausman Road, Allentown) will host a Moravian Theological Seminary course on **Mons., April 4-May 9th, 1:30-4:30 p.m.** This six-week course is designed for clergy and laity who want to become more effective in ministry with the senior adults with whom they serve. Participants will have an opportunity to improve their skills of communication with older adults, as well as gain an understanding of the life issues that confront them. The course will cover the following topics: grief, dynamics and issues of dementia and aging, caring for the caregiver, life review, spirituality and faith, visitation and communication skills, effects of aging on family systems, and community resources. **Cost for this 1.8 CEU course is \$60** (payable to Moravian Theological Seminary, 1220 Main Street, Bethlehem, PA 18018-6650); **early bird registration is \$50 (by March 28, 2016)**. For more information, please contact Luther Crest's Chaplain Dianne Kareha [610-391-8210](tel:610-391-8210) or go to <http://www.moravianseminary.edu/continuing-ed>

**LCS Journeys Through Grief groups this spring:**

\* **April 4-May 9th**, at Luther Crest, Fuellenbach Room, 800 Hausman Road, Allentown on **Mon. mornings from 10:30 a.m.-12:00 p.m.** No fee will be charged thanks to the generosity of J. S. Burkholder Funeral Home, Allentown.

\* **April 5-May 10th**, at Emmaus Moravian Church, 146 Main St., Emmaus on **Tues. evenings from 7-8:30 p.m.** No fee will be charged thanks to the generosity of Bachman, Kulik & Reinsmith Funeral, Homes, P.C. and Schantz Funeral Home, P.C.

To register for either group, please contact Kathy Reyher at [610-770-9205](tel:610-770-9205) or [kathy@lutherancongregational-services.org](mailto:kathy@lutherancongregational-services.org).

**Luther Crest to Host Model Passover Seder Dinner:** Would you like to experience the beautiful traditions and the distinctive foods of a Passover Seder? (As you may know, Passover is a Jewish commemoration of deliverance from bondage. According to the gospels, the "Last Supper" that Jesus shared with his disciples occurred around the time of the celebration of Passover). On **Tues, April 19th, 3:30-5:30 p.m.** in Crest Hall of Luther Crest, 800 Hausman Road, Allentown, Katyah Gohr will lead a model Seder service, which will include a full, buffet-style meal. **Cost is \$11.00.** For reservations or questions, please contact Rev. Dianne Kareha, Diakon Chaplain for Luther Crest [610-391-8210](tel:610-391-8210) by **Tues., April 12th**.

**Lehigh Mission District Spring Assembly is scheduled for:**

**Sun. evening, May 22nd, at 6:30PM** at Jerusalem Western Salisbury Church, 3441 Devonshire Road, Allentown, 18103. In addition to the regular agenda and reports, this meeting will include information about the up-coming Synod Assembly which, of course, will take place on our territory, and the election or re-election of a Dean. **Pastors and lay delegates to the Synod Assembly are expected to attend.**

**Good Shepherd Rehabilitation Network** offers a variety of support groups and classes to help individuals dealing with chronic illness and injuries. Throughout the month, multiple classes focusing on conditions including multiple sclerosis, spinal cord injury, stroke, concussion, brain injury and others are available. Many sessions are free and open to the public. Please call [1-888-44-REHAB \(73422\)](tel:1-888-44-REHAB) or visit [GoodShepherdRehab.org/events](http://GoodShepherdRehab.org/events) for more information

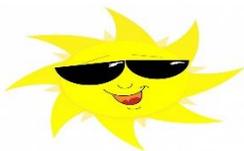
**Can you provide an hour or two per week** to help someone who wants to change their life? St. Luke's at 417 N 7th St, Allentown still has an ongoing need for volunteers to assist as tutors or substitutes for our growing multi-level ELL Program for individuals who desperately want to learn English. No foreign language needed. Contact Leslie Talago or Pastor Lamb at [610-434-3943](tel:610-434-3943) or [stluke@enter.net](mailto:stluke@enter.net) for class times and orientation sessions.

**Church Council Retreat or Meeting at Luther Crest:** We invite your congregation's Church Council to hold a retreat or one of its meetings at Luther Crest. To learn more or to schedule your Church Council retreat or meeting at Luther Crest (with meals optional), please contact Rev. Dianne Kareha, Diakon Chaplain for Luther Crest [610-391-8210](tel:610-391-8210).

**Speakers Available:** Luther Crest has a variety of speakers available to speak to congregations, adult Sunday school classes, organizations such as women's and men's groups, Bible studies, senior's groups, and youth groups. Topics include: Alzheimer's Disease/Dementia, Depression, Elder Care, Caring for the Caregiver, Senior Housing Options, Continuum of Care, Living with Loss/Grief Support, Communicating during Times of Conflict, Prayer, and Scripture Studies. For more information or to schedule a speaker, please contact Rev. Dianne Kareha, Diakon Chaplain for Luther Crest [610-391-8210](tel:610-391-8210).



## Operation Sunshine



Operation Sunshine is an outreach ministry of the Lehigh Mission District of the Northeastern Pennsylvania Synod of the Evangelical Lutheran Church of America. This ministry began over 25 years ago by a group of forward thinkers who realized that as we age, our desire to be social and mobile does not diminish, but our abilities and opportunities to do so may not be so available. Along came the idea of Operation Sunshine providing a fellowship opportunity through travel.

Operation Sunshine offers monthly luncheon and entertainment excursions throughout the spring, summer and fall months. Thanks to the generosity of Timothy's Lutheran Church congregation on Ott St. in Allentown, we have a safe and convenient location to board the bus for our day trips. Throughout the year, Operation Sunshine may offer occasional multi-day trips, most recently an 8 day/7 night trip to America's Northern National Parks and a 2 night/3 day trip to Pittsburgh. Again, through the generosity of the Cedar Lutheran Church congregation in Cetronia, we have very secure parking for our overnight multi-day trips.

We have expanded our outreach to include any adult who would like to travel to our advertised venues. Our travelers receive trip information in many ways. We have a 200+ mailing list (Newsletter published 2 times a year) and a 100+ e-mail list, a monthly update is provided for the Lehigh Mission District Newsletter, and our newest edition, a web site. To access our web site just enter [www.LMDopsunshine.com](http://www.LMDopsunshine.com), or gain access to our web site through the Lehigh Mission District web site [www.lehighlutherans.com](http://www.lehighlutherans.com).

On our site, you can see upcoming trips and even register right on line. We ask that you follow up your registration with your check mailed to our office, housed at St. Paul's Lutheran Church at 36 S. 8<sup>th</sup> St., Allentown, PA 18101. If you would like to register by phone (610-435-9155) our staff will be able to assist you. Operation Sunshine is staffed completely by a crew of six volunteers, Colleen Becker and Barbara Edwards from St. Peter's Ridge, Cathy and Ron Mordosky from St. Michaels of the Nativity and Paula & Dick Skelly, our current Co-Trip Coordinators, from St. Peter's Hanover.

*Come join us for fun and fellowship through travel!!*

**Paula & Dick Skelly**  
Co-Trip Coordinators

## OPERATION SUNSHINE

36 S. 8<sup>th</sup> St, Allentown, PA 18101  
Phone: 610-435-9155  
Open: Mon 11-3 Wed. 9-4

E-mail: [LMDopsunshine@aol.com](mailto:LMDopsunshine@aol.com)  
Web site: [www.LMDopsunshine.com](http://www.LMDopsunshine.com)

Paula & Dick Skelly Co-Trip Coordinators  
Day of Trip Emergency Number 610-417-3286

*Operation Sunshine is a non-profit fellowship opportunity within our Mission District, run solely by volunteers. Please join us and invite your friends as we enjoy a variety of venues together.*

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**MAY 11 (WED.) Sight & Sound – SAMSON** – Join Operation Sunshine on our 2<sup>nd</sup> trip this year to see “SAMSON”, the newest show added to the Sight & Sound lineup, done as only Sight and Sound can. Lunch will be at the best buffet in town, Shady Maple.  
**Bus leaves St. Timothy's at 10:00 AM and will return approximately 7:00 PM. Cost \$99 Payment Deadline: Thurs., Apr. 7**

**May 24<sup>th</sup> (TUES) Mt. Airy- VINTAGE VEGAS-** Join your fellow travelers and experience a touch of comic camp, good old fashioned razzle dazzle, nostalgic song and dance numbers of the 1950's and 60's, with this exciting live stage show offering audiences a classic showroom / nightclub experience, with the glamour and flair of Vintage Las Vegas! Along with the show, enjoy a fabulous lunch buffet and free slot play.  
**Bus leaves St. Timothy's at 9:30 AM and will return approximately 5:30 PM. Cost \$62 Payment Deadline: Thurs., May 5**

**June 29 (Wed.) - Doolan's Shore Club, Spring Lake, NJ – FOURTH OF JULY CELEBRATION – SOMETHING NEW FOR OPERATION SUNSHINE TRAVELERS!!** Enjoy a fantastic meal at a beautiful location when you join Operation Sunshine at Doolan's Shore Club for their 4<sup>th</sup> of July Celebration. USO madness with comedy and music of America from Broadway to San Francisco, from Texas to the Heartland. Veteran's Flag Salute, Bob Hope humor and more. Complete luncheon, one hour open bar, salad, choice of three entrees, dessert, coffee/ tea & wine/soda during lunch.  
**Bus leaves St. Timothy's at 9:15 AM and will return approximately 5:30 PM. Cost \$88 Payment Deadline: Wed., June 8**

**August 25 (Thurs.) – Rainbow Comedy Playhouse – IS THERE LIFE AFTER 50?** - Three couples, all past fifty, have been friends forever. Once a year they get together for a mini vacation and to catch up with their lives. This year, the ladies have chosen a health spa for their destination, what a fun time. Oops, they haven't told the husbands yet!  
**Bus leaves St. Timothy's at 10 AM and will return approximately 6 PM. Cost \$84 Payment Deadline: Thurs., Aug. 4**

\*\*\*\*\*MULTI-DAY TRIP\*\*\*\*\*

**TASTE THE FLAVOR OF VERMONT** - Tues, Sept. 13 to Fri, Sept 16, 4 Days/3 Nights in the Killington area of Vermont. Experience the tastes of a Maple Sugar Farm, Ben and Jerry's Ice Cream, Cabot Cheese, Woodchuck Hard Cider and visit a Marble Museum, Danforth Pewter, an Alpaca farm and the popular Vermont Country Store. 3 breakfasts and 3 dinners, 1 with entertainment and 1 live cooking demonstration. Call the office for flyer. **Cost \$600 pp based on double occupancy, \$690 for singles.**